

## Inter Parish Ministry

### THE IMPACT YOU MAKE IN A YEAR:

#### Voices of Those in Need

*"Life has been a real struggle this year. Sometimes I had to go without so that my children could eat. Coming to IPM will allow me to sleep at night. Without you guys, my kids would not have had a Christmas."*

- Hope, mother of three

*"I was at the Mobile Pantry in Fayetteville. And I want to tell you that it was SO nice. There was so much food. And the people there made me feel like I was SOMEBODY. They were so kind."*

- Senior Citizen

*"My son and I are in crisis and have been living in a hotel. I am so embarrassed to call you, but I need help... we need food."*

- Father of 15-year-old son

*"I love being part of IPM because I just love to make someone who is having a horrible day laugh or smile. I love to give hugs, especially when I know they might not usually get very many. Volunteering at IPM saved my life after my husband passed away."*

- Kathy, IPM Volunteer



*"IPM brought a sense of peace into our life after we lost everything in a fire and were living out of our car. We know we will always be welcomed here, and we are thankful we can put food on our table."*

- Danielle & Daughter, Samantha, age 15

## FOOD FOR THOUGHT

Many of us have never thought about the stress we would experience if we ran out of money for food after paying our bills. But did you know that according to a study by the Brookings Institute, almost three out of every four families with low-incomes spend over 60% of their monthly income on housing and utilities?

Because of YOUR impact, IPM Food Pantry is expanding food access for families in need and helping to decrease the stress of poverty. In 2020, through collaboration with churches, schools and other non-profits, IPM is expanding our reach and building food security for people who do not know how they will pay their bills and put food on the table for their families.

Knowing that IPM is there in times of crisis is a comfort to families in need. As one mom recently shared, "You have impacted my family for the good. If it wasn't for IPM, I would never have been able to make ends meet. You give me hope that there are kind people in the world. You are like a light."

Your support of IPM is the reason we can share this light with families in YOUR community.



Blessings,

*Alida*

Alida Hart  
President & CEO



## ADOPT-A-SHELF

Opening a recent mailing from IPM, one small line about the Adopt-A-Shelf program caught the eye of Linda Waltz and her coworkers from the Good Samaritan Hospital pre-surgical services unit, "We loved the idea of helping 400 families each month with a jar of peanut butter! We enjoy peanut butter in many different forms ourselves and wanted to share peanut butter sandwiches, cake and candy with families who are having a rough time."

Known on the unit as the PSS Pearls, this group of 25 nurses and clerical staff has a tradition of giving back to the community every holiday season. This year, they chose guests of IPM Food Pantry to be the recipients of their generosity, "We want each and every one of the families who visit IPM to know that we see you, you MATTER, and you have great value."

### How To Adopt-A-Shelf:

1. Select a pantry location: Amelia or Newtown.
2. Select a time period to adopt the shelf: 3, 6, 9, or 12 months.
3. With guidance from the Pantry Manager, select a product to adopt.
4. Collect or purchase 400 items each month.
5. Deliver items to the pantry during the first week of the month or once a week.
6. Fresh produce and boxed items such as cereal should be delivered weekly.
7. Check inventory and stock shelves, if desired.

## BOARD OF TRUSTEES:

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## A MOMENT OF IMPACT

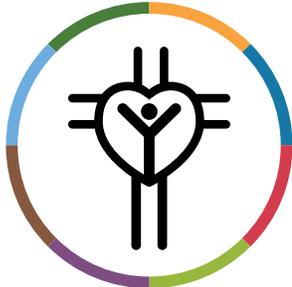
Last fall a young couple visited IPM Food Pantry, because they were in need. A long-time volunteer, Linnea Kaminsky, shopped with them in the pantry and learned that they were homeless and living out of their car. This presented a set of unique challenges, because they did not have the capacity to cook, but Linnea helped them select as much food as they could use. This moment made an impact on Linnea. She began to think, “Can I do more for individuals who are homeless?”

“I researched articles and began making a list of useful items many of us take for granted in our daily lives: toiletries, socks, even warm blankets. I started packaging these items in reusable bags and providing them to IPM as care packages for homeless individuals,” Linnea explained.

As more homeless clients visit IPM’s two food pantries, IPM has expanded its services for homeless individuals. For example, if a person is homeless, he or she now has the option of shopping in the pantry twice each month instead of every thirty days, taking a smaller amount at each visit so that it is easier to carry. We keep new sleeping bags on hand in the pantry as well. These individuals are also offered one of Linnea’s special care packages, put together with her personal touch of kindness and hope.

***What will your moment of impact be to help individuals in need in your community?***

## A YEAR AT A GLANCE





# Inter Parish Ministry

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## THANK YOU!

Please join us in recognizing IPM's Pantry Partners.  
Their support means the world to us.

- Dawn Management
- Doscher's Candies
- Gardner Business Media, Inc.
- J.A. Trautmann Realtors
- Lykins Energy Solutions
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## CARING FROM THE HEART MONTH



Did you know? Food stamps cannot be used for personal care or cleaning items. Families in need explain that often tweens are sharing deodorant with their parents, moms are washing their hair with dish soap and teen girls are being bullied for the type of feminine products they use. At IPM we believe that certain personal care items are essential to maintain a sense of dignity. February is our annual Caring from the Heart Collection Drive, a time when we focus on collecting personal care items for families in need. Please join us in filling our pantry shelves with personal care items and cleaning products.

### Personal Care Essentials

Shampoo | Conditioner | Soap (Body Wash and/or Bar) | Toothpaste | Toothbrushes | Feminine Hygiene Products | Deodorant | Razors | Toilet Paper | Paper Towels | Laundry Detergent | Dish Detergent

## SAVE THE DATE:

Mobile Pantry | March 14: Mt. Carmel Christian Church  
Annual Community Meeting | March 24: Amelia Pantry  
Empty Bowls Event | March 26: West Clermont High School

Pop-Up Food Pantry | April 8: UC Clermont Spring Fling  
Celebration Event | April 24: Crossroads East Side  
Freestore Foodbank Hunger Walk and Run 5K  
| May 25: Freestore Foodbank